

# Breakfast Menu

Classic Breakfast \$5.99 2 eggs any style, hashbrowns or home fries, sausage or bacon (pork, turkey or chicken), toast and coffee or tea  Toasted Western \$5.99 eggs, sweet pepters, onion, bacon and cheese on white or brown toast, served with home fries or hashbrowns  Pancakes \$3.99 2 pancakes, add chocolate chips or banana  Pancake Breakfast \$7.99 2 pancakes (add chocolate chips or banana), 2 eggs any style, 2 strips of bacon, served with homefries  Muffins \$1.99 baked fresh every morning. Ask us what flavors we have today Muffin & Coffee or Tea \$2.99 Porridge \$3.99 Oatmeal, Green Banana or Corunneal  Ackee and Saltfish \$9.99 ackee fruit sauteed with cod fish, served with fried dumpling  Mackerel Run Down \$5.99 Mackerel cooked in coconut sauce, served with choice of provisions, bannny or fried dumplings  Cabbage & Corned Beef \$5.99 with toast or fried dumplings  Omlette \$6.99 choice of cheese, veggie, bacon or sausage, served with homefries and toast  Homefries \$1.99 Plantain \$1.99 Poumpling \$0.99 Festival (sweat fried dough) \$0.99 Bammy (fried cassava bread) \$0.99 Bammy (fried cassava bread) \$0.99 Soup and Salad of the Day \$4.99 Soup and Salad of the Day \$4.99 Soup of the Day \$3.99	Steampuel Wenu
eggs, sweet peppers, onion, bacon and cheese on white or brown toast, served with home fries or hashbrowns  Pancakes \$3.99 2 pancakes, add chocolate chips or banana \$7.99 2 pancakes (add chocolate chips or banana), 2 eggs any style, 2 strips of bacon, served with homefries  Muffins \$1.99 baked fresh every morning. Ask us what flavors we have today Muffin & Coffec or Tea. \$2.99 Portidge \$3.99 Oatmeal, Green Banana or Cornneal  Ackee and Saltfish \$9.99 ackee fruit sauteed with cod fish, served with fried dumpling  Mackerel Run Down \$5.99 Mackerel cooked in coconut sauce, served with choice of provisions, bannny or fried dumplings  Cabbage & Corned Beef \$5.99 with toast or fried dumplings  Omlette \$6.99 choice of cheese, veggie, bacon or sausage, served with homefries and toast  Homefries \$1.99 Plantain \$1.99 Dumpling \$0.99 Festival (sweet fried dough) \$0.99 Barmy (fried cassava bread) \$0.99  Soup & Salads  House Salad  Small \$2.99 Add Jerk Chicken \$2.99 Soup and Salad of the Day \$4.99	
2 pancakes, add chocolate chips or banana  Pancake Breakfast	
2 pancakes (add chocolate chips or banana), 2 eggs any style, 2 strips of bacon, served with homefries  Muffins \$1.99 baked fresh every morning. Ask us what flavors we have today Muffin & Coffee or Tea. \$2.99 Porridge \$3.99 Oatmeal, Green Banana or Cornmeal  Ackee and Saltfish \$9.99 ackee fruit sauteed with cod fish, served with fried dumpling  Mackerel Run Down \$5.99 Mackerel cooked in coconut sauce, served with choice of provisions, bammy or fried dumplings  Cabbage & Corned Beef \$5.99 with toast or fried dumplings  Omlette \$6.99 choice of cheese, veggie, bacon or sausage, served with homefries and toast  Homefries \$1.99 Plantain \$1.99 Dumpling \$0.99 Festival (sweet fried dough) \$0.99 Bammy (fried cassava bread) \$0.99  **Soup & Salads**  House Salad \$5.99 **Add Jerk Chicken \$2.99 Add Jerk Chicken \$2.99 Soup and Salad of the Day \$4.99	
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Oatmeal, Green Banana or Cornmeal         Ackee and Saltfish       \$9.99         ackee fruit sauteed with cod fish, served with fried dumpling       \$5.99         Mackerel Run Down       \$5.99         Mackerel cooked in coconut sauce, served with choice of provisions, bammy or fried dumplings       \$5.99         Cabbage & Corned Beef       \$5.99         with toast or fried dumplings       \$6.99         Choice of cheese, veggie, bacon or sausage, served with homefries and toast       \$1.99         Plantain       \$1.99         Dumpling       \$0.99         Festival (sweet fried dough)       \$0.99         Bammy (fried cassava bread)       \$0.99         House Salad       \$0.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	
Mackerel Run Down \$5.99  Mackerel cooked in coconut sauce, served with choice of provisions, bammy or fried dumplings  Cabbage & Corned Beef \$5.99  with toast or fried dumplings  Omlette \$6.99  choice of cheese, veggie, bacon or sausage, served with homefries and toast  Homefries \$1.99  Plantain \$1.99  Dumpling \$0.99  Festival (sweet fried dough) \$0.99  Bammy (fried cassava bread) \$0.99   Soup & Salads  House Salad \$mall \$2.99  Large \$4.99  Add Jerk Chicken \$2.99  Soup and Salad of the Day \$4.99	
Cabbage & Corned Beef \$5.99  with toast or fried dumplings  Omlette \$6.99  choice of cheese, veggie, bacon or sausage, served with homefries and toast  Homefries \$1.99  Plantain \$1.99  Dumpling \$0.99  Festival (sweet fried dough) \$0.99  Bammy (fried cassava bread) \$0.99  Soup & Salads  House Salad \$2.99  Large \$4.99  Add Jerk Chicken \$2.99  Soup and Salad of the Day \$4.99	
with toast or fried dumplings       \$6.99         choice of cheese, veggie, bacon or sausage, served with homefries and toast       \$1.99         Homefries       \$1.99         Plantain       \$1.99         Dumpling       \$0.99         Festival (sweet fried dough)       \$0.99         Bammy (fried cassava bread)       \$0.99         Soup & Salads         House Salad       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	
Choice of cheese, veggie, bacon or sausage, served with homefries and toast    Homefries	$\mathbf{e}$
Plantain       \$1.99         Dumpling       \$0.99         Festival (sweet fried dough)       \$0.99         Bammy (fried cassava bread)       \$0.99         Soup & Salads         House Salad       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	
Dumpling       \$0.99         Festival (sweet fried dough)       \$0.99         Bammy (fried cassava bread)       \$0.99         Large       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	
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Soup & Salads  House Salad  Small  Large Add Jerk Chicken  Soup and Salad of the Day  \$0.99	<u>.                                     </u>
Soup & Salads         House Salad       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	, , ,
House Salad       \$2.99         Small       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	Bammy (fried cassava bread)
Small       \$2.99         Large       \$4.99         Add Jerk Chicken       \$2.99         Soup and Salad of the Day       \$4.99	
Large\$4.99Add Jerk Chicken\$2.99Soup and Salad of the Day\$4.99	
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Soup and Salad of the Day\$4.99	
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Bringing people and culture together through food

# Lunch & Dinner Menu

All entrées are served with your choice of french fries, mashed sweet potato, steamed rice, rice and peas or house salad Chicken Dinner \$10.99 Jerk or BBQ Oxtail Dinner ......\$12.99 served with lima beans Stew Beef .......\$11.99 Jerk Wings Jerk or BBQ 1/2 lb per serving .......\$9.99 Mutton seasoned with curry Fish .......\$12.99 Stuffed with okra, callaloo, carrots and steamed. Seasoned and fried Escovitch (fried fish marinated with carrots and onions in a vinaigrette sauce) Shrimp .......\$12.99 rundown (sautéed in coconut sauce) or curried Michael's Jerk Burger ......\$5.49 Add Cheese and Bacon ......\$0.99 All Beef Burger with lettuce, tomato and onion Sloppy Jerk Chicken Sandwich ......\$5.49 Pulled Jerk Chicken with tomato, onion and topped with our house Cole slaw Roti ......\$10.99 homemade roti filled with your choice of Jerk Chicken or Curry Goat. Curry Chickpeas filling only for \$8.99 Hand Cut Home Fries ......\$1.99 Cole Slaw .......\$2.99 Dessert Caitlin's Homemade Apple Pie ......\$4.99 Pineapple Upsidedown Cake ......\$4.99 Sweet Potato Pudding ......\$4.49 Fruit Salad .......\$4.99 Drinks Tea ......\$0.99 Island Soda Ginger Beer, Champagne Kola, Pineapple .......\$2.29 Ting .......\$2.29 Pepsi, Diet Pepsi, Coke, Diet Coke, 7 UP, Grape Crush, Orange Crush, Pineapple Crush, Cream Soda, Root Beer

## Breakfast Menu

Classic Breakfast
Toasted Western
Pancakes
Pancake Breakfast
Muffins
Porridge
Ackee and Saltfish
Mackerel Run Down
Cabbage & Corned Beef \$5.99 with toast or fried dumplings
Omlette
Homefries       \$1.99         Plantain       \$1.99         Dumpling       \$0.99         Festival (sweet fried dough)       \$0.99         Bammy (fried cassava bread)       \$0.99

# Fun Jamaica Food Facts!

- The original inhabitants of Jamaica, the Arawak, grew corn and yams. Today, the major crops of Jamaica include sugar cane, bananas, and mangoes. None of these crops are native to the island; they were imported to the island at varying times in the island's history. Coconut Palms, breadfruit, and bamboo were also imported to the island.
- The national dish of Jamaica is Ackee and Saltfish. Most people in Jamaica eat it as a breakfast dish. Ackee is a fruit that grows locally. The dish is served with dumplings that are either fried or boiled. The saltfish is cooked in a small amount of oil with peppers and onions added for taste.
- Most of the Jamaica's Blue Mountain Coffee, one of the most prized and expensive brands, is exported to Japan



Bringing people and culture together through food





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7ake-Out Menu

## Soup & Salads

House Salad	
Small	\$2.99
Large	\$4.99
Add Jerk Chicken	
Soup and Salad of the Day	\$4.99
Soup of the Day	\$3.99



## Sides

Jamaican Patty Chicken, Veggie or Beef \$	1.99
Hand Cut Home Fries\$	1.99
Sweet Potato Home Fries	
with Sizzlin' Aioli\$	3.99
Cole Slaw	2.99
Jerk Wings\$	3.99

### Lunch & Dinner Menu

All entrées are served with your choice of french fries, mashed sweet potato, steamed rice, rice and peas or house salad

Chicken Dinner
Oxtail Dinner
Curried Chick Peas \$6.99
Stew Beef \$11.99
Jerk Wings Jerk or BBQ 1/2 lb per serving \$9.99
Curried Goat
Lasagna Chicken or Beef\$9.99
Fish
Shrimp

## 

All Beef Burger with lette	uce, tomato and onion
Add Cheese and Bacon	\$0.99

Sloppy J	erk Chicken Sandwich\$5.4
Pulled Jerk	Chicken with tomato, onion and topped with our house
Cole slaw	

Roti\$1	0.99
homemade roti filled with your choice of Jerk Chicken or	
Curry Coat Curry Chickness filling only for \$8.99	

<b>Grilled Cheese</b>		\$3.49
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\*\*\*\* Taxes and Gratuity Extra \*\*\*\*

#### Dessert

\$4.99
\$4.99
\$2.99
\$6.99
\$4.49
\$4.99
\$1.99
\$4.99

#### Drinks

D'acrices	
Coffee	\$1.29
Tea	\$0.99
Island Soda	
Ginger Beer, Champagne Kola, Pineapple	\$2.29
Ting	\$2.29
Apple Juice	\$1.49
Coconut Water	
Tropical Rhythm	
Mango Carrot or Strawberry Banana	\$2.29
Can Pop	\$1.49

Pepsi, Diet Pepsi, Coke, Diet Coke, 7 UP, Grape Crush, Orange Crush, Pineapple Crush, Cream Soda, Root Beer

